



**Taumarunui Community Kokiri Trust**

# Youth INTact SNAP SHOTS

**NEED HELP?**

## All About Youth INTact:

Youth INTact is Waikato's Youth Drug and Alcohol Service for Rangatahi / Young People. We act quickly to provide easily accessible and effective support services to Rangatahi / Young People and their Family / Whānau. We are youth drug and alcohol professionals, with the skills and experience to help rangatahi/young people and their family/whānau make changes to live lives that are meaningful for them. All the organisations involved with Youth INTact work together to deliver the same experience of support.

### OUR MISSION:

To be the first place that rangatahi/young people come to get help.

Youth INTact has been developed with lots of feedback from clinicians, communities, rangatahi/young people and their family/whānau. We found that we need to make sure that our rangatahi/young people and their families/whānau know where to go to get help if they are having problems with drugs and/or alcohol, and make sure that these services are responsive, appropriate and effective. Drugs and alcohol can have a huge affect on peoples lives, so it's important to know the facts. We also know that rangatahi/young people may experience a number of problems at the same time. Our youth drug and alcohol health professionals are trained and experienced in dealing with a range of complex problems including alcohol and drugs, legal matters, primary and mental health, homelessness, sexual abuse and family breakdown.

Our specialty is helping rangatahi/young people who are between 12 and 19 years of age, and their family/whānau and friends. However, if you're younger or older than that and you think we'd be the right service for you feel free to contact us. We take referrals from anywhere. You can come in and see us, call us on the phone, or someone else can do that for you. We also come out to our community sites, and to schools, to make it easier .

# Taumarunui Community Kokiri Trust Services

Taumarunui Community Kokiri Trust offer a wide range of services for whanau. Available services include; Whanau Ora assessment and pathway lead by a Whanau Ora Navigators, Youth at heart (health and sexual health), Au Kati kai Paipa (Smoking cessation), Building Financial capability and Mentoring services, Tamariki Ora, Mama and Pepi support, Family start, Kokiri Te orange Pai– Mental health and Addiction services (all age groups), Tamariki Akoranga Early Childhood Centre, Te Arahina O Arihia Resthome, Health and disability service Co-ordination, DSM and TCKT Garden centre Taupo Road.

## RPT

RPT stands for Raising Potential Team. This means parents and those supplying under 18 years know what harm this can do to their children and their developing brains. Its knowing what is meant by parent or legal guardian and what their responsibilities are if they do supply to under 18s.

It means whanau are aware what the law means by host responsibility and what adhering to this can mean for them. This includes some basic information such as providing substantial food not just snacks, supplying non alcoholic drinks as well as alcoholic, supervision of the under 18s that are drinking, setting an end time for an event and looking after your guests if they have had too much and this also means planning ahead for this.

Its finding out what the barriers are for whanau re early onset drinking of their rangatahi, its realising that rangatahi do not always think logically around alcohol and that it is our role to do so and ways that we can encourage and help the whanau with this process. Its finding out from parents and legal guardians what support they need as parents of teenagers around their children drinking, what are their suggestions to delaying their children drinking and what can we do in the community to help these parents with this.

Its making the community aware that it is illegal to sell alcohol to under 18s without parent or legal guardian consent, period.

The purpose is “To reduce social supply of alcohol supplied by parents and older friends to young people in Taumarunui.” The objectives are “To coordinate promotion initiatives that supports the reduction of harm through social supply.”

Its promoting the message at events where parents and legal guardians are and this is NOT aimed at the rangatahi themselves.



# Christines Achievement

Congratulations Christine Brears; CEO of Taumarunui Community Kokiri Trust on recently gaining the 2018 Queen's Birthday Honours:

Officer of the NZ Order of Merit - for services to Maori and health.



# Suicide Awareness March

The Suicide Awareness March took place on Sunday 27th of May from 10am until 2pm. The march organised by Cameron McSkimming started with a gathering at the Taumarunui Memorial Hall before heading off down the main street of Taumarunui. There were 90 participants and 32 Taumarunui Community Kokiri Trust staff all marching for the great cause.

The aim of the march was to get rangatahi, parents, friends and family together to raise awareness around mental health and suicide related occurrences in the Taumarunui community through the use of a suicide awareness march through the township.

All Kokiri staff wearing their Youth INTact tops got the Youth INTact service out into the community eye.



# Hope Heros and Safe Talk

Hope Heros and Safe Talk took place on the 12th of June run by Degree Workshops at Taumarunui High School. Caroline Wilson facilitated the event with husband Petia using drama, music and art to communicate the message to our Rangatahi. Hope Heros targeting years 9 to 10 and safe talk from year 11 to 13. The aim of these workshops is to emphasise how valuable each and every life is and that suicide is everyone's business. We learned to recognise signs and be alert to cries for help from someone at their lowest, how to cope and deal with a situation and where to go for support for yourself such as community based help, peers, and within the school, also where to go to get help for a person you know is in need of help such as the school, community, sports teams (coaches) and church. Overall these two workshops were a success and gave the Rangatahi awareness on a very sensitive subject that we need to make more aware to our youth, suicide really is everyone's business.





# Marae Prep and Whakakotahi

On Friday 14<sup>th</sup> September Bekky Komene and Hayley Anderson attended the Wharaurua Marae in preparation and lead up to the Whakakotahi which took place later that evening. Te Kura O Ngapuke were the hosts for this event. The day was a success meeting new people, helping Ngapuke and meeting with the rangatahi, school staff and adults who are running the event.

Taumarunui Kokiri Trust was at Whakakotahi to support and promote the services in particular Suicide awareness and RPT. Adam Roberts and Michael Wikotu Community Support Workers and Becky Komene (Youth Intact Clinician) were all helping promote Youth Intact on the evening.



## Lunch Time Basketball Comp



The Taumarunui High School lunch time basketball comp was run on Tuesday the 25<sup>th</sup> of September. There were 6 teams participating, student refs and prizes up for grabs. The teams battled it out in knock out rounds until the winners, 'The Underdogs' came out on top. The comp wound down with each player receiving two pieces of fruit and a water bottle. The overall best player, showing sportsmanship, skill and leadership won a gym bag. There was positive feedback so more of these events will be taking place.

# Youth Reference Group Hui

On the 2<sup>nd</sup> of October the quarterly Youth Workers hui took place. Youth workers and their Youth Reference groups took part in ways to improve and enhance the work already being done through their youth workers, social media and the community. The day was filled with learning more about one another, planning up coming events, trying new things and going out into the community.



## Kevalena Rata

Home Town of Te Kuiti , Maniapoto is my Iwi and Ngati Rora is my Hapu.

Fav Superhero: Wonder Women

Fav Food: Roast Spuds

Fav thing to do: Spend time with my whanau

Working with Rangatahi in the Waitomo and Otorohanga Districts, providing support for young people, engage them on a positive pathway that supports them to reach their full potential as Drugs and Alcohol often get in the way of them achieving their goals.



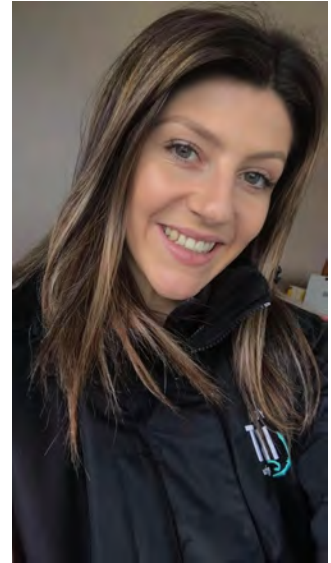
Sereana Naqarase , Youth Worker Kevalena Rata , Uai Tainefu

## Hayley Anderson

My name is Hayley Anderson. I'm a born and bred Taumarunui local and my passions surround helping my community especially the rangatahi of Taumarunui.

My sport and family have taught me to be involved with different groups of people within the community. I love being the publicity officer to the Kaitieke Polocrosse Club and playing on representative levels for King Country and New Zealand, my last tour being this April in Qurindi NSW, Australia. I have been a member of the Taumarunui and Aria Squash clubs and was deputy head girl in my last year of high school at Piopio College, although I was attending Taumarunui High School up until our family moved in 2014.

I am so grateful for this opportunity to work alongside the KTOP team in Taumarunui Community Kokiri trust.



## Bekky Komene

Tena Koutou

Ko Tongariro raua te maunga

Ko Te Arawa raua te waka

Ko Taupo nui a-tia te moana

Ko Ngati Tuwharetoa te iwi

Ko Te Heu Heu te tangata

Ko Ngati Hinemihi te hapu

Ko Kauriki te marae

No Taumarunui ahau



He kaimahi ki roto I te Kokiri Te Oranga Pai o Taumarunui

I am the Drug and Alcohol Practitioner for INTac t within the Taumarunui area which I am working alongside of rangatahi, their whanau, hapu, iwi and community. I am registered Social Worker, which I enjoy working amongst our Taumarunui community. I have been working in the education sector for many years from the start of Te Kohanga Reo, Primary level right through to secondary age.

I grew up on my local marae with my great grandparents who raised me from birth, there is where my interaction with people and the fundamental values of manaaki and whakawhanaunga which I believe in building on relationships that connect us as people and our approach with each other. The grounding of oneself is also integral of environment that surrounds an individual which I see is an important for wellbeing and connectedness to the whenua.



## Youth INTact Te Kuiti



Young People keeping  
Active and Engaging  
in Positive Vibes



Te Kuiti, Piopio, Otorohanga

Youth Intact YRG Representatives, coming  
together for the Waikato YRG,

Mixing with the  
YI Tokorua YRG



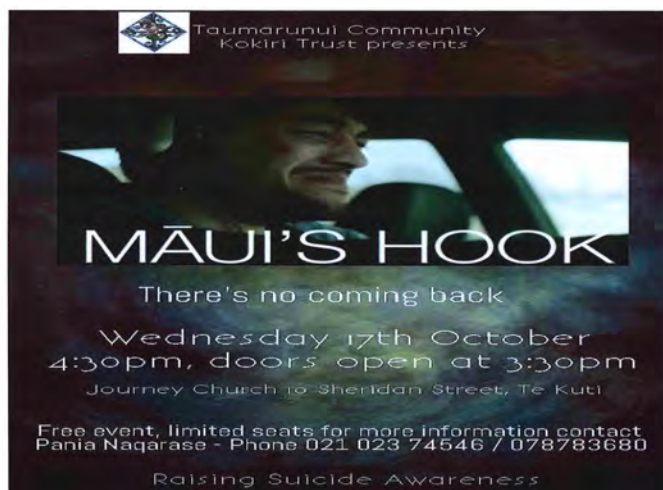
YI Odyssey, Hamilton, Review & Lunch  
completed and time for Bball

**YOUTH VOICE**



Back in Tokorua CareNz Review finished,  
time for some fun with the Tokorua YRG





Coming Up...



Waitomo Youth Council is at it again... this time they are bringing you the Waitomo's Got Talent right before the Brook Park fireworks event on Saturday November 10<sup>th</sup>

Check out the details and create your best audition to upload now. Visit <http://www.waitomosgottalent.co.nz/>

## Brook Park Fireworks Extravaganza, Te Kuiti Saturday 10<sup>th</sup> November 4:30 PM – 9 PM

Hosted by Waitomo District Council

The Lines Company Waitomo District Sports Awards 2018

26<sup>th</sup> November 2018

Waitomo District Christmas Parade 14<sup>th</sup> December, Te Kuiti

## Youth INTact providers:

There are four Youth INTact providers across The Waikato region. Odyssey deliver youth INTact services for Hamilton, , Te Awamutu, Cambridge, Morrinsville, Matamata, Ngaruawahia, Huntly, Raglan and Te Aroha. Te Korowai Hauora o Hauraki deliver Youth INTact services in Hauraki. Communities receiving this service are Coromandel, Thames, Ngatea, Paeroa, Whitianga, Waihi and Whangamata. CareNZ deliver Youth INTact services in Tokoroa and Putaruru. Taumarunui Community Kokiri Trust deliver Youth INTact services for Otorohanga, Taumarunui and Te Kuiti.



**ODYSSEY:** Phone: 0800 468 288

For enquiries about the leadership service contact 07 9744 604

Email [youthintactreferrals@odyssey.org.nz](mailto:youthintactreferrals@odyssey.org.nz)

**TE KOROWAI:** PHONE for all Youth AOD advice call

Youth INTact on 0800 468 288

Email: [Karen.Mobberley@korowai.co.nz](mailto:Karen.Mobberley@korowai.co.nz)

**TCKT:** PHONE for all Youth AOD advice call Youth INTact  
on 0800 468 288

Email: [Katarina.Hohepa@kokiritrust.org.nz](mailto:Katarina.Hohepa@kokiritrust.org.nz)

**CARE NZ:** PHONE for all Youth AOD advice call Youth IN-  
tact on 0800 468 288

Email: [youthservice@carenz.co.nz](mailto:youthservice@carenz.co.nz)

